**Colombia Packing List**

**Important Items**

Passport (make sure it’s current; two copies: pack one separate, and leave one here)

Prescription/Personal medication

Malaria medication

Shot record (Yellow Fever Shot Record)

Cash (new Bills for exchanging)

Debit Card (can use in Leticia to withdraw Pesos)

Credit Card (if desired)

**Luggage**

One carry on or regular size backpack (hint: good to have change of clothes in carry-on)

One large suitcase, large backpack or duffle bag (personal bag)

One large suitcase (for ministry supplies)

**Packing for Air Travel**

Jeans or slacks

Sweatshirt or jacket

Long or short sleeve shirts

Comfortable walking shoes

**Leticia packing List**

Clothes for hot weather: modest shorts, shirts, skirts, capris

Comfortable Sneakers, sandals

Flipflops/shower shoes

Nice outfit (for team meal at nice restaurant)

Light poncho or jacket

Modest sleeping attire

Toiletries

Towel (two) One for Leticia and One for River trip

Washcloths

**River Trip**

One small bag or backpack (to keep with you on boat/ with personal & important items)

One large duffle or large backpack with clothes and other items (will travel separate from you!)

Comfortable long slacks/jeans

Modest Shorts (if desired)

Lightweight short sleeve and long sleeve shirts (long sleeve good in evenings to prevent bites)

Modest sleeping attire

Poncho/rain jacket/umbrella

Scrubs (for medical clinic)

Closed toe sneakers/hiking boots

Flipflops/River shoes

Sandals (if desired)

**(River Trip, cont.)**

Socks and underclothes

Rain boots (if desired)

Swimming Trunks/One piece bathing suits

\*\*Hint: Pack clothes in large ziplocks to keep dry and fresh”

Sleeping mat or blow up mattress

Sleeping bag or sheets

Fresh towel/washcloths

Wet wipes

Tents (we will share these/some are already in Colombia)

**General Items**

Large water bottle (you will keep refilling this with purified water)

Laundry bag (Walmart bags work well too)

Toilet Paper

Battery operated fan with extra batteries (to use in tent and in clinics)

Small mirror

Medications for personal use (Tylenol, Tums, Ibuprofen, Immodium, etc; all need to be in original labeled bottles)

Toiletries: Toothbrush, toothpaste, comb/brush, shampoo, soap/bodywash, deodorant, powder, shaving cream, makeup, and other personal items as needed, etc

(If in carry on, all liquids must be under 3 oz each & fit in one quart size ziplock; hint: no clippers, razors, nail files or other sharp items in carry on)

Earplugs (if desired)

Bible, notebook or journal

Spanish phrase book/Spanish/English dictionary

Flashlight or headlamp (with extra batteries)

Phone and charger

Camera

Sunscreen

Insect Repellant

Hand Sanitizer

Alarm clock

Hat

Sunglasses

Snack Suggestions: Beef jerky, granola bars/breakfast bars, Cheese/PB crackers, Trailmix, nuts, dried fruit, Propel/Gatorade packets , gum/mints

\*\*no chocolate—it melts!\*\*

Small gifts to give to special friends that you meet